



**Monmouth County**  
**Division of Behavioral Health 5th Annual Conference**  
**Oct. 28, 2020 & Oct. 30, 2020 via Rutgers online platform**

*In lieu of our Annual Appreciation Lunch and as a thank you to our Monmouth County Mental Health and Addiction Services Agencies, Clinicians and Therapists, we are offering this conference free of charge, including 6 CEs.*

**[Click Here to Register Today](#)**

**CE details can be found on the registration page**

**Wed., Oct. 28**

**9:00AM - 1:00PM**

**Quincy Bloxom: Director of Operations and Development of Solstice Counseling and Wellness**

**Renee Koubiadis: Executive Director of the Anti-Poverty Network of New Jersey**

**The Uncomfortable Truth: Racism, Injustice and Poverty in New Jersey:**

The Uncomfortable Truth, a groundbreaking, timely, and bold new research report that looks at the ways that structural racism perpetuates poverty in New Jersey, along with recommendations for how our state can move toward the end of structural racism. This report is the culmination of a multi-year collective process with policy experts and advocates from across New Jersey.

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**Friday, Oct. 30**

**10:00AM – 12:00PM**

**Frank L. Greenagel**

**Death & Grieving:**

A large percentage of people with a substance misuse disorder have untreated trauma and unresolved grief. This may have caused or exacerbated the problematic substance misuse. As suicide rates increase across the nation, more and more people are left in shattered families, circles, and communities. These are known as suicide survivors. These populations need close attention and to have their pain and trauma acknowledged and worked on.

Professionals that work in the substance misuse field are continually exposed to these grieving individuals – that is called a cumulative stress. An additional complication is that SUD professionals are likely to know a client, co-worker, friend, or family member that completed suicide. That is direct stress. In 2018, Frank Greenagel lost his friend and close colleague, Eric Arauz. He wrote about grief and how he processed it. This talk melds the personal and professional into a lesson on how we can deal with tragedy and loss. And come out of it.

## ***PRESENTER BIOGRAPHIES***

**Quincy Bloxom: Director of Operations And Development Of Solstice Counseling And Wellness**

**Bachelor's Liberal Studies concentration in business and Social science**

**Masters in Social Work**

**Doctorate in Social work (Pending graduation 12/2020)**

**MSW Certificate in Aging & Health**

**Human Services**

**Mgt Certificate (Graduate level)**

Solstice Counseling and Wellness is a holistic wellness substance abuse and mental health outpatient treatment facility. His professional role involves direct service delivery via mental health and substance abuse counseling. In addition to providing direct services to some of the most vulnerable in our society, he also creates policies to implement best practices to serve individuals navigating through addiction to substances and mental health disorders. Prior to becoming a social worker Mr. Bloxom served in the US Army. During his enlistment he achieved the rank of Staff Sergeant and received multiple awards and decorations associated with his service and deployment under Operation Iraqi Freedom. After separating from the military he was noticed by Rutgers for his independent research on the correlations between urban education and addiction and eventually went on to serve as principle investigator at In-class Solutions; a D.C. based supplemental education platform. Quincy is also a graduate of the APN and NJ Coalition to End Homelessness' Garden State Leaders program.

**Frank L. Greenagel: Adjunct professor at the Rutgers School of Social Work and an instructor at the Center of Alcohol Studies**

**MPAP, MSW, LCSW, LCADC, CASAC, ICADC, ACSW, CJC, CCS**

**Adjunct Professor - Rutgers School of Social Work**

**Instructor- Rutgers Center of Alcohol Studies**

**NJ Governor's Council on Alcoholism and Drug Abuse**

**NJ Youth Suicide Prevention Council**

**Consulting Therapist - NY State Troopers**

Frank consults for a variety of treatment programs and universities. He serves on the Rutgers School of Social Work Alumni Council (Vice-President) and is an officer for the Rutgers Veterans Alumni (Vice-President). He has trained thousands of police in NY, NJ and PA on issues surrounding addiction and community policing. Frank drives up to Albany, NY, a few times a month in order to serve as a Consulting Therapist for the NY State Troopers EAP. He is also the Interim Director of Recovery Services at the Prevention Links in Roselle. He also is the Director of Recovery Supervision at Prevention Links and oversees the first NJ Recovery High School.

Frank worked as the Recovery Counselor at both Rutgers New Brunswick & Newark for five years, where he oversaw recovery housing and coordinated student & alumni activities. In 2011, Rutgers won the NAADAC (National Association of Alcoholism & Drug Abuse Counselors) Organization Achievement Award. Rutgers is considered by many to have the strongest recovery college program in the world. Frank served in the United States Army while studying history and English at Rutgers. Frank graduated with his MSW from Rutgers in 2006. He has served on the NJ Governor's Council on Alcohol & Drug Abuse (GCADA) since 2011 and was the Chairman of the NJ Heroin & Other Opiates Task Force. He served on the Board of Directors for Hazelden-Betty Ford from 2014 to 2017. He served on the NASW-NJ Board from 2018 to 2020. In 2018, the President of the NJ State Senate, Stephen Sweeney, appointed Frank to NJ Youth Suicide Prevention Advisory Council.

### **Renee Koubiadis: Executive Director of the Anti-Poverty Network of New Jersey**

#### **LSW**

#### **MSW Temple University: Administration and Social Planning**

#### **B.A. Social Work Rutgers**

Prior to coming to APN, Koubiadis served as the Advocacy Coordinator of the National Association of Social Workers – NJ Chapter (NASW-NJ) and as Assistant State Director for the Citizens' Campaign, a statewide non-partisan movement of hundreds of citizens dedicated to innovative government reform and promoting citizen leadership. In her various roles over the last 13 years, she has educated thousands of people on issues of poverty, leadership, and civic engagement.

Koubiadis has also been active in APN serving as a member of the Policy and Advocacy Committee, the Program and Summit Committee, and as a contributor to the Advisory Committee of APN's Structural Racism and Poverty project. In these roles, she has helped organize the Poverty Summit and other APN events, and helped formulate APN's positions and advocacy plans on a number of issues.

Koubiadis currently serves as Secretary/Treasurer on the Board of the Affordable Homes Group, Inc. in Burlington County and on the Board of Trustees for the NJ Coalition to End Homelessness (NJCEH). With her colleagues at NJCEH, Renee helped create Garden State Leaders, a leadership and advocacy institute for people with lived experience of poverty and homelessness.

As a member of NASW-NJ over the years, Renee has served on their board. In addition, she has co-chaired the Legislative and Social Action Committee, the Health Care Special Interest Group, the Peace & Social Justice Task Force, the Burlington County Unit, and served on the National Delegate Assembly three times helping to shape national policy for the organization.